



Every child blooms at their own pace

Milestone Tracker: 2 Months

Movement/Physical Development Milestones

- Moves both arms and both legs
 Yes Not Yet In Progress
- Holds head up when on tummy
 Yes Not Yet In Progress
- Opens hands briefly
 Yes Not Yet In Progress

Language/Communication Milestones

- Reacts to loud sounds
 Yes Not Yet In Progress
- Makes other sounds other than crying
 Yes Not Yet In Progress

Cognitive Milestones (learning, thinking, problem-solving)

- Looks at a toy for several seconds
 Yes Not Yet In Progress
- Watches you as you move
 Yes Not Yet In Progress

Social/Emotional Milestones

- Seems happy to see you when you walk up to her
 Yes Not Yet In Progress
- Calms down when spoken to or picked up
 Yes Not Yet In Progress
- Looks at your face
 Yes Not Yet In Progress
- Smiles when you talk to or smile at her
 Yes Not Yet In Progress

Parent Reflection Section

My Observations & Notes:

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My Child's Brightest Moments This Month:

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This developmental milestone tracker is intended for general informational and educational purposes only. It is not a substitute for a validated screening or diagnostic tool, nor does it replace professional medical advice, diagnosis, or treatment. Every child develops at their own pace, and variations can be normal. If you have any concerns about your child's development, please consult your pediatrician or a qualified healthcare provider.

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