



Every child blooms at their own pace

Milestone Tracker: 6 Months

Movement/Physical Development Milestones

- Leans on hands to support himself when sitting
 Yes Not Yet In Progress
- Pushes up with straight arms when on tummy
 Yes Not Yet In Progress
- Rolls from tummy to back
 Yes Not Yet In Progress

Language/Communication Milestones

- Makes squealing noises
 Yes Not Yet In Progress
- Takes turns making sounds with you
 Yes Not Yet In Progress

Cognitive Milestones (learning, thinking, problem-solving)

- Reaches to grab a toy he wants
 Yes Not Yet In Progress
- Puts things in her mouth to explore them
 Yes Not Yet In Progress
- Closes lips to show she doesn't want more food
 Yes Not Yet In Progress

Social/Emotional Milestones

- Laughs
 Yes Not Yet In Progress
- Knows familiar people
 Yes Not Yet In Progress
- Likes to look at himself in a mirror
 Yes Not Yet In Progress

Parent Reflection Section

My Observations & Notes:

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My Child's Brightest Moments This Month:

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This developmental milestone tracker is intended for general informational and educational purposes only. It is not a substitute for a validated screening or diagnostic tool, nor does it replace professional medical advice, diagnosis, or treatment. Every child develops at their own pace, and variations can be normal. If you have any concerns about your child's development, please consult your pediatrician or a qualified healthcare provider.

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