



Every child blooms at their own pace

Milestone Tracker: 9 Months

Movement/Physical Development Milestones

- Sits without support
 Yes Not Yet In Progress
- Gets to a sitting position by herself
 Yes Not Yet In Progress
- Uses fingers to “rake” food towards himself
 Yes Not Yet In Progress
- Moves things from one hand to her other hand
 Yes Not Yet In Progress

Cognitive Milestones (learning, thinking, problem-solving)

- Bags two things together
 Yes Not Yet In Progress
- Looks for objects when dropped out of sight; like his spoon or toy
 Yes Not Yet In Progress

Language/Communication Milestones

- Lifts arm up to be picked up
 Yes Not Yet In Progress
- Makes different sounds like “mamamama” and “babababa”
 Yes Not Yet In Progress

Social/Emotional Milestones

- Is shy, clingy or fearful around strangers
 Yes Not Yet In Progress
- Reacts when you leave(looks, reaches for you or cries)
 Yes Not Yet In Progress
- Shows several facial expressions like happy, sad, angry and surprised
 Yes Not Yet In Progress
- Smiles or laughs when you play peek-a-boo
 Yes Not Yet In Progress
- Looks when you call her name
 Yes Not Yet In Progress

Parent Reflection Section

My Observations & Notes:

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My Child's Brightest Moments This Month:

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This developmental milestone tracker is intended for general informational and educational purposes only. It is not a substitute for a validated screening or diagnostic tool, nor does it replace professional medical advice, diagnosis, or treatment. Every child develops at their own pace, and variations can be normal. If you have any concerns about your child's development, please consult your pediatrician or a qualified healthcare provider.

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Visit www.bizobaby.com for more tools and support