



Every child blooms at their own pace

# Milestone Tracker: 3 Years

## Movement/Physical Development Milestones

- Can use a fork  
 Yes  Not Yet  In Progress
- Puts on some clothes by herself  
 Yes  Not Yet  In Progress
- Can string items together like beads  
 Yes  Not Yet  In Progress

## Cognitive Milestones (learning, thinking, problem-solving)

- Can draw a circle when you show him how  
 Yes  Not Yet  In Progress
- Avoids touching hot objects when you warn her  
 Yes  Not Yet  In Progress

## Language/Communication Milestones

- Can talk with you in a conversation using at least two back- and- forth exchanges  
 Yes  Not Yet  In Progress
- Can ask “who”, “what”, “where” or “why” questions  
 Yes  Not Yet  In Progress
- Can say first name when asked  
 Yes  Not Yet  In Progress
- Can say what action is happening in a picture book  
 Yes  Not Yet  In Progress

## Social/Emotional Milestones

- Notices other children and joins them to play  
 Yes  Not Yet  In Progress
- Calms down within 10 minutes after you leave him  
 Yes  Not Yet  In Progress

## Parent Reflection Section

My Observations & Notes:

.....

.....

.....

.....

.....

My Child's Brightest Moments This Month:

.....

.....

.....

.....

.....

This developmental milestone tracker is intended for general informational and educational purposes only. It is not a substitute for a validated screening or diagnostic tool, nor does it replace professional medical advice, diagnosis, or treatment. Every child develops at their own pace, and variations can be normal. If you have any concerns about your child's development, please consult your pediatrician or a qualified healthcare provider.

**Every child blooms at their own pace**

Visit [www.bizobaby.com](http://www.bizobaby.com) for more tools and support