



Every child blooms at their own pace

Milestone Tracker: 4 Years

Movement/Physical Development Milestones

- Catches a large ball most the time
 Yes Not Yet In Progress
- Can unbutton some buttons
 Yes Not Yet In Progress
- Can hold crayon or pencil between fingers and thumb(not fist)
 Yes Not Yet In Progress
- Can serve himself food or pour water with adult supervision
 Yes Not Yet In Progress

Language/Communication Milestones

- Says sentences with four or more words
 Yes Not Yet In Progress
- Can say some words from a story or song
 Yes Not Yet In Progress
- Can talk about at least one thing that happened during his day
 Yes Not Yet In Progress
- Can answer simple questions like "What is a pencil for"
 Yes Not Yet In Progress

Cognitive Milestones (learning, thinking, problem-solving)

- Can names a few colors of items
 Yes Not Yet In Progress
- Can draw a person with three or more body parts
 Yes Not Yet In Progress
- Can tell what comes next in a well known story
 Yes Not Yet In Progress

Social/Emotional Milestones

- Asks to go play with children if none are around
 Yes Not Yet In Progress
- Comforts others who are hurt or sad
 Yes Not Yet In Progress
- Avoids danger like not jumping from tall heights
 Yes Not Yet In Progress
- Likes to be a helper
 Yes Not Yet In Progress
- Changes behavior depending on where she is
 Yes Not Yet In Progress

Parent Reflection Section

My Observations & Notes:

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My Child's Brightest Moments This Month:

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This developmental milestone tracker is intended for general informational and educational purposes only. It is not a substitute for a validated screening or diagnostic tool, nor does it replace professional medical advice, diagnosis, or treatment. Every child develops at their own pace, and variations can be normal. If you have any concerns about your child's development, please consult your pediatrician or a qualified healthcare provider.

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