



Milestone Tracker: 2 Years

Movement/Physical Development Milestones

- Kicks a ball
 Yes Not Yet In Progress
- Runs
 Yes Not Yet In Progress
- Walks (not climbs) up a few stairs with or without help
 Yes Not Yet In Progress
- Eats with a spoon
 Yes Not Yet In Progress

Language/Communication Milestones

- Points to things in a book when you ask, like “Where is the bear?”
 Yes Not Yet In Progress
- Says at least two words together, like “More milk.”
 Yes Not Yet In Progress
- Points to at least two body parts when you ask him to show you
 Yes Not Yet In Progress
- Uses more gestures than just waving and pointing, like nodding yes
 Yes Not Yet In Progress

Cognitive Milestones (learning, thinking, problem-solving)

- Holds something in one hand while using the other hand; for example holding a container while taking off the lid
 Yes Not Yet In Progress
- Tries to use switches, knobs or buttons on a toy
 Yes Not Yet In Progress
- Plays with more than one toy at the same time like putting toy food on a toy plate
 Yes Not Yet In Progress

Social/Emotional Milestones

- Notices when others are hurt or upset like pausing or looking sad when someone is crying
 Yes Not Yet In Progress
- Looks at your face to see how to react in a new situation
 Yes Not Yet In Progress

Every child blooms at their own pace

Visit www.bizobaby.com for more tools and support

Parent Reflection Section

My Observations & Notes:

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My Child's Brightest Moments This Month:

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This developmental milestone tracker is intended for general informational and educational purposes only. It is not a substitute for a validated screening or diagnostic tool, nor does it replace professional medical advice, diagnosis, or treatment. Every child develops at their own pace, and variations can be normal. If you have any concerns about your child's development, please consult your pediatrician or a qualified healthcare provider.

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