



bizobaby

Every child blooms at their own pace

Milestone Tracker: 30 Months

Movement/Physical Development Milestones

- Jumps off the ground with both feet
 Yes Not Yet In Progress
- Turns book pages, one at time, when you read to her
 Yes Not Yet In Progress
- Uses hands to twist things like, turning doorknobs or unscrewing lids
 Yes Not Yet In Progress
- Takes some clothes off by himself like, loose pants or an open jacket
 Yes Not Yet In Progress

Language/Communication Milestones

- Can say two or more words together
 Yes Not Yet In Progress
- Says about 50 words
 Yes Not Yet In Progress
- Can name things in a book when you point and ask, “What is this?”
 Yes Not Yet In Progress
- Can say words like, “me”, “I”, or “we”
 Yes Not Yet In Progress

Cognitive Milestones (learning, thinking, problem-solving)

- Uses things to pretend, like feeding a block to a doll as if it were food
 Yes Not Yet In Progress
- Shows simple problem-solving skills like standing on a small stool to reach something
 Yes Not Yet In Progress
- Follows two-step instruction like, “Put the toy down and close the door.”
 Yes Not Yet In Progress
- Shows he knows at least one color, like pointing to a red crayon when you ask, “Which one is red?”
 Yes Not Yet In Progress

Social/Emotional Milestones

- Plays next to other children and sometimes plays with them
 Yes Not Yet In Progress
- Shows you what she can do by saying “Look at me!”
 Yes Not Yet In Progress
- Follows simple routines when told, like helping to pick up toys when you say, “It’s clean up time.”
 Yes Not Yet In Progress

Parent Reflection Section

My Observations & Notes:

.....

.....

.....

.....

.....

My Child's Brightest Moments This Month:

.....

.....

.....

.....

.....

This developmental milestone tracker is intended for general informational and educational purposes only. It is not a substitute for a validated screening or diagnostic tool, nor does it replace professional medical advice, diagnosis, or treatment. Every child develops at their own pace, and variations can be normal. If you have any concerns about your child's development, please consult your pediatrician or a qualified healthcare provider.

Every child blooms at their own pace

Visit www.bizobaby.com for more tools and support